

Vista Medical Associates

Patient Partnership Plan

Dear Patient,

Welcome!

We're honored to have you join our practice. Your health and well-being are our top priorities, and we're committed to providing you with the highest quality of care. Reaching and maintaining your best possible health is a shared effort -a team approach between you and your healthcare provider.

To help us provide the best care, we ask for your active participation in the following ways:

1. Schedule Regular Checkups and Preventive Screenings

It's important that you take the initiative to book your annual physical exams. During these visits, your doctor will advise you on any preventive screenings that are appropriate for you, such as:

- Mammograms
- Pap smears
- Immunizations
- Other tests based on your age, gender, and medical history

These screenings are essential for detecting potential health issues early—sometimes before symptoms even appear. Relying only on visits for urgent problems may cause serious conditions to go unnoticed. Regular checkups help keep you one step ahead of your health.

2. Attend Follow-Up Appointments and Reschedule If You Miss One

Your provider may ask you to return for a follow-up to monitor your progress and assess how well your treatment is working. Follow-up visits are often necessary for:

- Tracking improvement
- Adjusting medications
- Ordering further tests
- Identifying new or ongoing issues

Missing a follow-up without rescheduling may delay important care. If you ever miss an appointment, please contact us as soon as possible to set a new date.

3. Follow Up If You Haven't Received Test Results

We do our best to share test and lab results promptly. If you haven't heard from us within the time your doctor mentioned, please give us a call. It's always better to follow up than to assume everything is okay without confirmation.

4. Let Us Know If You Choose Not to Follow the Treatment Plan

After your visit, your provider may recommend a specific plan for your care. This might include:

- Starting a medication
- Having lab work done
- Seeing a specialist
- Scheduling a return visit

If you decide not to follow any part of the plan, please let us know. This allows your doctor to talk through your decision and explain any potential risks or consequences of delaying or declining treatment.

We value open communication and are here to support you in every step of the way.

Patient Signature

Date

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